



Your generosity has a ripple effect

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What's Past is Prologue ... – Shakespeare, The Tempest



I see the Foundation as a sort of concierge. People with generous instincts come to us asking how best they can make a difference in their community.

They are looking for opportunities where their contributions will have

lasting impacts. The Foundation then connects those donors with the most important community needs and opportunities – FOR GOOD, FOR EVER, FOR ALL.

And there are plenty of those opportunities to help. Every day our team of staff and volunteers hear from charities hard at work making our community better. They see many, many needs.

From food insecurity and mental health to education, cultural initiatives and innovative environmental programs, local charities bring forward ideas to help all of us stay well and thrive, even in these fragile times.

LOOKING AHEAD:

We are ready for the future, and grateful to the tireless Gayle Barr, our past Chair, as well as to retiring board members – Sue Bates, Julie Burch, and Richard Kizell for their leadership, preparing the Foundation for that future. As our community emerges from the enforced hibernation of the pandemic, it is now time to pick up what we set aside during the viral storm. But we also see what is ahead in new ways: familiar pathways have been rearranged. We are learning that old issues have changed colours or have been amplified. New conditions will require a sustained community response, grounded in new collaborations and solutions.

Read on, and you will learn more about the recent \$5 million gift to the Foundation by the Sisters of Providence of St. Vincent de Paul. It is a perfect example of a new transformative collaboration, formed to improve the experiences and well-being of our youngest and oldest generations.

So, there is plenty going on in our community. The energetic commitments of charities, donors, and volunteers – our partners in trust – continue to make us proud. And as our team here at the Foundation likes to say, it's time to "buckle up!"

Please join us on this adventure.

ROB WOOD, CHAIR, COMMUNITY FOUNDATION FOR KINGSTON & AREA

Your Community Foundation: **For Good ∞ For Ever ∞ For All** Learn more at **www.cfka.org**

Community Grants Benefit Thousands

A total of \$222,523 was granted to 25 local charities for a variety of projects – large and small – but all designed to have big impact and enhance the quality of life in our community.

Projects from this Spring 2021 granting round will directly benefit over 10,000 people, with thousands more of your neighbours and friends affected indirectly.

Arts & Culture

- \$5,000 Cantabile Choirs: A virtual choir and orchestra collaboration.
- \$7,302 Kingston Arts Council: Audit and webinar addressing social media and website accessibility.
- Kingston School of Art: Children's Summer Art \$4,700 Camp Programming.
- Theatre Kingston: Theatre Kingston Fringe Festival \$14,000 (COVID-19 adapted).
- The Mess Open Arts Studio: Operational grant. \$6,162

Children's Mental Health

- \$25,000 Kingston Community Health Centres -Pathways to Education: Supporting youth mental health to foster educational success.
- St. Lawrence Youth Association: Specialized treatment \$10,000 program for youth with sexual behaviour problems.
- \$25,571 Youth Diversion: Added co-ordination of youth justice services.

Community Development

- \$1,743 Cycle Kingston: COVID-safe workstations.
- \$20.000 Kingston Community Health Centres -Community Harvest FoodWrx: To develop and brand a healthy soup to enhance food security.
- \$3,000 Kingston Interfaith Community (Charitable Partner -Islamic Society of Kingston): To bridge boundaries between individual faiths and the broader community.

Education & Literacy

- \$10,000 Frontier College: Free literacy programming for at-risk children and youth in Kingston.
- Learning Disabilities Association of Kingston: \$4,210 Online outreach initiative.
- \$1,469 Marine Museum of the Great Lakes at Kingston: To purchase Aqua Scopes (under water viewers).

Environment

\$2,000 **Cycle Kingston:**

- - Insurance and PPE costs for COVID-safe cycling program.

Health & Social Service

- \$1,650 Bereaved Families of Ontario – Kingston Region: Volunteer recruitment program to ensure representation of diverse populations and communities.
- **Dawn House Services and Housing for Women:** \$10,000 Supportive housing program.
- \$7,392 Queen's University – Developmental Disabilities Consulting Program: Group therapy for caregivers of those with developmental disability.
- \$2.000 Sexual Assault Centre Kingston: Review of equity factors in service access and delivery to people of colour and newcomer survivors.

"These granting decisions continue to provide local agencies in our community with a lifeline through the pandemic."

-Julie Burch, past Grants Committee Chair for the Community Foundation

Heritage Preservation

- \$3,330 Frontenac County Schools Museum: Preservation and digital access to the community's educational heritage.
- \$15,495 **Kingston Indigenous Languages Nest (Charitable** Partner - Loving Spoonful): Ndoo-miijminaanin (Our Foods) is an Indigenous Food Sovereignty project intended to breath life into our relationship to land, language, cultural practices, and foods. (see facing page).

Recreation

\$10,000 Extend-A-Family Kingston: COVID-19 proofing to re-start the children's program safely.

Youth

- \$7,500 BGC South East: Academic Boost Summer Camp Program through arts, science, technology, and sport-based activities.
- KEYS Job Centre: New Horizons Leadership Group \$15,000 for newcomer youth.
- \$10,000 YMCA of Eastern Ontario: To subsidize fees for any child or youth who cannot pay the full fee to access programs.

Together is Better: Apply for a grant. Application deadlines: 15 February and 15 September. www.cfka.org/community-grants-program

Equity - Diversity - Inclusion

Walking the Path of Peace Together

My view is that reconciliation is a way of life and requires work every day. Reconciliation is getting to know one another. — Governor General Mary Simon

The Foundation started "Walking Side-by-Side" with the Indigenous community on a FOR EVER journey with its 2015 *Vital Signs* community report.



Helena Neveau bringing native plants for the pollinator garden.

Now we can highlight the *first* grant from the new *Tha'teioneniienawa'khontie:* In the Spirit of *Cooperation Fund*. It is intended to support projects like *Ndoo-mijjiminaanin* (see description opposite) led by First Nations, Métis, and Inuit Peoples to nurture the healing and wellness of the Katarokwi community and Indigenous People in the area served by the Community Foundation for Kingston & Area.

Language and food are important, if not the principal, means of transmitting culture from generation to generation.

"Ndoo-mijjiminaanin is an Indigenous Food Sovereignty project that breathes life into our relationship to land, our languages, cultural ways, and foods as we get our hands into the soil and garden as a community.

"Six family-oriented sessions from July to September will occur in the garden at Walking the Path of Peace Together (WTPPT) land on HWY 15. These sessions will explore our cultural ways and focus on our relations with the land and the beings with whom we share the earth. We will bring ceremony into our gardening practice. Community members guided by First Speakers will prepare garden-focused language materials in Anishinaabemowin and Kanyen'keha in online language-mentoring sessions.

"KILN [Kingston Indigenous Languages Nest] and our partners will share reflections and articulate a set of food sovereignty goals in a final session, Gdoo-naabndamwinaanan (Our Dreams), including access to land base(s) for tapping maple trees, berry picking, gardening, manoomin (wild rice) gathering, hunting, fishing, and community food-sharing." [from the grant application]

New Advisory Council

At its March Board meeting, the Foundation approved the terms of reference for an Advisory Council on *Equity, Diversity, and Inclusion (EDI)* to help ensure that our services and programs are **FOR ALL**. Past Chair of the Foundation, Gayle Barr, spearheaded the formation of the Council and shares the Chair of it with Sunita Gupta, a consultant who previously worked with the Kingston Immigration Partnership for many years.

New Grants Coordinator



Yu Jier Kou comes to the Foundation from the Kingston Community Health Centres – Immigrant Services Kingston & Area. Yu Jier is enthusiastic about promoting equitable access to mental

healthcare and building resiliency through social inclusion. We are eager for her to apply the EDI lens to enhance community well-being.



Together is Better: Never miss CFKA news! Sign up at cfka.org/e-newsletter-waves

Looking Ahead

Sisters of Providence Invest in our Community with \$5 Million Gift



The Sisters of Providence of St. Vincent de Paul will be making a \$5 Million transformational gift to help the Kingston community respond to some of the greatest needs among our youngest and oldest citizens.

They desire these funds to be invested in high-impact, local initiatives that will support transformative, sustainable, systems-level change in two areas where both of our organizations see critical community needs: to build resiliency in children and to mitigate seniors' loneliness and isolation FOR ALL of our communities.

Wanting to achieve immediate and maximum impact from their gift, the Sisters of Providence of St. Vincent de Paul Community Impact Fund is intended to be fully expended on high-impact community initiatives and programs over the next five to ten years.

"We are honored, humbled, and thrilled that the Sisters have entrusted us with this gift to drive meaningful change in our community," says CFKA Executive Director Tina Bailey.

"As we look to the future, the Community Foundation for Kingston & Area seemed like a wonderful vehicle through which to leave a legacy gift to continue our Mission with youth and seniors," shared Sister Sandra Shannon, General Superior of the Sisters of Providence.

The Sisters of Providence of St. Vincent de Paul were founded in Kingston in 1861 for the purpose of caring for the vulnerable of that time. In their 160 years they have strived to maintain that Mission, mainly through education, healthcare, and social advocacy locally, nationally, and internationally.

Changes to the Board for 2021-22



future direction.





At the Annual Members Meeting in June, Robert Wood and

Dr. Ian Gemmill assumed the positions of Chair and Vice-Chair.

Newly elected Board members - Dr. Willa Henry, Donna Segal, and Roger Wilson - bring a rich collection of community connections and

individual strengths that will be invaluable in guiding the Foundation's





Did you know?

The Foundation's assets under management doubled in the last decade:

2011: \$12.5 million 2021: \$25.3 million **2031:** ?

Community Foundation for Kingston & Area

The Community Foundation is a public charitable foundation, created by and for the people of our community. It enhances community well-being by providing grants to a wide range of local charities each year. Grants are made from earnings on its endowment funds: A donation to the Foundation will continue to benefit the community FOR EVER.

275 Ontario Street – Suite #100, Kingston, ON, K7K 2X5 613.546.9696 info@cfka.org www.cfka.org We are fortunate to be part of a community located on the traditional homeland of the Anishinaabe and Haudenosaunee; we are thankful every day for that privilege.

