



Community Foundation  
for Kingston & Area

Celebrating the first  
**25** years  
of For Ever

# Ripples

## Your generosity has a ripple effect

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### The Power of Connection



The roller coaster of the COVID-19 pandemic is continuing now well into the fall and winter. The Community Foundation had to (and continues to) adapt its operations in response to the pandemic – including our granting activity.

By changing the guidelines of our Community Grants Program, we will be better able to focus on building community resilience essential for the long recovery ahead.

“Together is better” has always been one of our guiding principles: The challenges created by COVID-19 pushed us to work even more collaboratively with our stakeholders.

A concerted effort to *connect* with local charities and other funders ensured an informed approach to meet emerging community needs. We used this information to direct funding where it was needed most to help local charities deliver critical services (needed more than ever) in new ways. We shared our community knowledge with donors who were looking for advice on how to direct their donations to help. We listened to needs and connected people with information and resources that could help.

Through the *power of connection* we have been able to achieve results beyond our imagination (see following pages).

I participate in several regular community-wide calls to share information and help coordinate activities. Notable are the Vulnerable Sector Network (focused on emergency food providers) and the Social Service Recovery Task Force. The latter group, established by the United Way KFL&A, is exploring opportunities for stabilization, collaboration, and coordination amongst agencies in the social services sector, and to help grow recognition of how these *essential services* fill gaps in the system to ensure no one is left behind.

I am so impressed by how our community has come together to share information and support each other.

We speak of the Community Foundation as “*connecting* donors with community needs”. Through these connections, nurtured during our first twenty-five years and new connections being made now, we continue to harness the community’s generosity. It is an honour to help make such powerful connections between people, funding, and community needs.

TINA BAILEY, EXECUTIVE DIRECTOR

Keep up-to-date

Subscribe at [cfka.org/e-newsletter-waves](https://cfka.org/e-newsletter-waves) or follow us @CFKingstonArea

# Grant Making in the Times of COVID-19

**When the COVID-19 lockdown was put in place in March, community needs started to change significantly.**

It was a difficult decision to quickly put our Community Grants program, then in process, on hold. We chose to fund only projects that directly responded to the increased and new needs caused by pandemic conditions. The projects addressed food insecurity, seniors' isolation, and the transition of services to virtual delivery.

Our connection with Community Foundations of Canada gave your Community Foundation access to the Government of Canada's Emergency Community Support Fund (ECSF) bringing **\$413,720** to organizations responding to increased demands due to COVID-19 (see opposite page).

The grants listed on these pages address food insecurity, the impacts of social isolation, especially on seniors, youth mental health and education, safe accessible counselling, among other needs: They represent a total investment of **\$543,426** (to date) by the Government of Canada and the Community Foundation for Kingston & Area to build resilience in your communities. See [cfka.org/covidgrants](http://cfka.org/covidgrants) for details.

## Community Grants Program

- \$7,900** **Bereaved Families of Ontario – Kingston Region:**  
Virtual bereavement support
- \$25,000** **Boys and Girls Club of Kingston & Area:**  
Enable COVID-19 safe summer day camp
- \$2,700** **Community Living North Frontenac:**  
To develop a peer led mini COVID-19 workshop
- \$1,500** **Epilepsy South Eastern Ontario:**  
Cell phone purchases to enable staff to work remotely
- \$8,115** **Frontenac Kingston Council on Aging:**  
Rebuilding isolated seniors' social networks
- \$5,000** **KFL&A Children & Youth Services Planning Committee:** To have Resolve Counselling Services support member agencies in their return to work after COVID-19 lock-down
- \$15,396** **Outreach by George – Lunch by George:**  
Upgraded kitchen stoves
- \$5,000** **Resolve Counselling Services Canada:**  
To develop a virtual walk-in counselling service
- \$3,000** **Sexual Assault Centre Kingston:**  
Virtual support service
- \$3,000** **St. Vincent de Paul Society of Kingston:**  
Purchase of fridge to enable take-out lunch service

## Donor-Directed Grants

We thank the individual **anonymous donors**, the **Cameron & Laurie Thompson Fund**, the **Parker Family Fund**, the **Thomson & Beaman Fund**, and the **Anglican Diocese of Ontario Foundation Fearless Generosity Fund** for making the following grants possible.

- \$2,848** **Isthmus:**  
Food delivery to students' families in need
- \$14,399** **Kingston Frontenac Public Library:**  
Establish a Wi-Fi hot spot and a tablet lending program
- \$2,848** **Lionhearts Inc.:** Meals for those in need
- \$1,250** **Resolve Counselling Services:**  
Top-up grant to support their new virtual walk-in counselling service
- \$3,000** **Sexual Assault Centre Kingston:**  
Virtual support service (matching grant)
- \$9,750** **St. Lawrence Youth Association:**  
To enable specialized counselling services to selected local youth
- \$10,000** **YMCA of Eastern Ontario:**  
YMCA Kingston pandemic safe re-opening project

## Regina Rosen Food First Fund

**Grants of \$1,000 for organizations addressing food insecurity in our community.**

Isthmus ∞ Kingston Community Health Centre (KCHC) – Good Food Box Program ∞ KCHC – Pathways to Education  
Lionhearts Inc. ∞ Martha's Table ∞ North Frontenac Food Bank ∞ St. Vincent de Paul Society of Kingston

**More Grants to be Announced Shortly!**

Your Community Foundation: **For Good ∞ For Ever ∞ For All**  
Contact with us at [info@cfka.org](mailto:info@cfka.org)

# Emergency Community Support Fund (ECSF) Grants

## Building Community Resilience

during the COVID-19 crisis.

Working closely with the United Way KFL&A we will have collectively granted over \$1.8 million in federal funding to local charities by the end of December.

ECSF funded by  Canada

Through our connection with Community Foundations of Canada, we brought financial support from the ECSF to the following organizations. They have adapted and expanded their frontline services to support the most vulnerable in our community.

Additional funding from Round 2 of ECSF will be announced shortly.

Subscribe to our e-newsletter to keep informed of all Community Foundation activities: [cfka.org/contact-us](https://cfka.org/contact-us)

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|-----------------|--|-----------------|--|
| <b>\$10,000</b> | <b>Book Clubs for Inmates:</b> Book purchases for seven clubs in four local prisons  | <b>\$40,000</b> | <b>Psychology Clinic at Queen's:</b> Virtual psychotherapy support   |
| <b>\$2,000</b>  | <b>Easter Seals Ontario:</b> Virtual camp experience for 22 local Easter Seals youth   | <b>\$12,900</b> | <b>Resolve Counselling Services Canada:</b> One-stop multi-service rapid response assistance – virtual walk-in clinic  |
| <b>\$10,000</b> | <b>Family and Children's Services of Frontenac, Lennox and Addington:</b> To build community capacity to recognize and respond to the issue of human trafficking | <b>\$40,000</b> | <b>Rural Frontenac Community Services:</b>   |
| <b>\$6,097</b>  | <b>Helen Tufts Nursery School:</b> Equipment and resources for safe re-opening   |                 | Hygiene Care Kits for rural youth <b>\$2,500</b>   |
| <b>\$29,000</b> | <b>Independent Living Centre Kingston:</b> One-to-one direct support for those with disabilities and other at-risk populations                                   |                 | Rural transportation services <b>\$21,000</b>  |
| <b>\$12,329</b> | <b>Kingston Community Health Centres:</b> Community Harvest Kingston food distribution project   |                 | Mitigation of the effects of rural social isolation on seniors <b>\$16,500</b>   |
| <b>\$11,700</b> | <b>Kingston Interval House for Women and Children in Crisis:</b> Increase housing coordinator hours to meet greater demand                                       | <b>\$2,646</b>  | <b>Ryandale Shelter:</b> Additional staff hours to meet increased demand   |
| <b>\$2,060</b>  | <b>Let's Talk Science:</b> Distribution (through the Food Bank) of the Horizon Learning Pack (Grades 4-6)  | <b>\$2,385</b>  | <b>Sensity:</b> Wheelchair accessible swing to reduce clients' stress during pandemic conditions   |
| <b>\$30,000</b> | <b>Lionhearts Inc.:</b> Daily pre-made meals provided at multiple local sites  | <b>\$16,100</b> | <b>Southern Frontenac Community Services Corporation:</b> To adapt delivery of community services to an on-line platform                                       |
| <b>\$4,000</b>  | <b>Maltby Centre:</b> Community-based distribution of wellness kits for youth at-risk  | <b>\$6,096</b>  | <b>Spinal Cord Injury Ontario:</b> The Safe@Home project   |
| <b>\$30,000</b> | <b>Martha's Table:</b> Modified services to ensure the health and safety of food insecure clients  | <b>\$12,400</b> | <b>St. Lawrence Youth Association:</b> Cognitive behavioural programming video for at-risk youth   |
| <b>\$10,000</b> | <b>New Leaf Link:</b> To build a functional interactive website to alleviate social isolation and to provide access to community supports for disabled adults    | <b>\$16,000</b> | <b>St. Vincent de Paul Society of Kingston:</b> Staff to sanitize program areas  |
| <b>\$30,000</b> | <b>Outreach St George – Lunch by George:</b> Emergency transformation to meet Public Health requirements for health and safety of food insecure clients          | <b>\$2,000</b>  | <b>Telephone Aid Line Kingston (TALK):</b> Free listening, emotional support, and referrals for those in crisis  |
|                 |  | <b>\$24,800</b> | <b>The Food Sharing Project:</b> Bi-weekly food delivery to the homes of students schooling-at-home  |
|                 |  | <b>\$7,000</b>  | <b>The Kidney Foundation of Canada – Kingston Chapter:</b> Short term assistance program: Vital safety net and resources for people living with kidney disease |
|                 |  | <b>\$20,207</b> | <b>Victorian Order of Nurses:</b> Retrofit patient transportation vans   |
|                 |  | <b>\$24,000</b> | <b>YMCA of Eastern Ontario:</b> YMCA Kingston pandemic safe re-opening project   |



For our Granting Updates: Go to [cfka.org/whats-new](https://cfka.org/whats-new)



# Community Foundation Board of Directors 2020/21



## BOARD MEMBERS LEFT TO RIGHT:

George Wright (Secretary), Greg Fisher (HLM\*), Julie Burch, George Thomson, Richard Kizell, Peter Finnegan, Rob Wood (Vice-Chair), Gayle Barr (Chair), Sue Bates, Kalen Ingram, Jonathan Warren (Treasurer), Ian Gemmill, Monica LaBarge, Chris Chard (Past Chair)

\*Honorary Life Members (HLM) are individuals who have made significant contributions to the Foundation. They are non-voting Board members. HLMs are: Michael Bell, Florence Campbell, Michael Davies, Greg Fisher, Eveline Flint, and Virginia Gordon.

## Like most organizations now, our Board meets virtually.

The Board welcomed **Monica LaBarge** as a new member in June 2020. Born in Ottawa, she brings to the Foundation's activities a long family history of non-profit involvement. A member of the faculty of the Smith School of Business, her research interests centre around public policy issues in marketing and how marketing can positively affect consumer well-being.

Learn more about all the people who make the work of the Community Foundation happen at [cfka.org/people](https://cfka.org/people)

## Give Now: It is the Giving Season

### The increased needs caused by COVID-19 will continue well into the future.

Your year-end donation of any amount to the Community Foundation is an investment in your community's *long-term* well-being.

**AN EASY CHOICE:** Help the Foundation support a wide range of charities with a single gift to our endowed **Community Fund**.

Or, you can support your favorite charity or cause by giving to one of our over 220 funds or establishing your own fund.

**GIVE NOW** at [cfka.org/give](https://cfka.org/give)

**When you give to the Foundation you can have confidence that your community will continue to benefit from your gift FOR EVER.**

### Giving Tip!

*Do you hold securities that have gained in value?*

Make a charitable gift of those securities and *benefit from a HUGE tax advantage:*

- You avoid paying income tax on the capital gains.
- You receive a charitable donation receipt for the full market value.

The process is easy:

- Use our simple form to transfer securities electronically.
- DO NOT sell them yourself, they must be gifted in-kind.

Learn more at [cfka.org/giftofsecurities](https://cfka.org/giftofsecurities) or call us at 613.546.9696.

## Community Foundation for Kingston & Area

The Community Foundation is an independent charity, established by local citizens. It enhances community well-being by providing grants to a wide range of local charities each year. Grants are made from earnings on its endowment funds: A donation to the Foundation will continue to benefit the community FOR EVER.