

## Vital Signs® 2015

### Community Foundation for Kingston & Area

#### Dashboard Indicators, Measures and Sources

The Dashboard, as published in Vital Signs 2015, is provided below with the addition of three columns to identify:

1. The agency that provided the data;
2. The original data source; and
3. The periodicity of the data being available.

Additional information is provided to add to the Notes to the Dashboard that were provided within Vital Signs.

VISION	Dashboard Indicator	Previous	Most Recent	Goal	Target	Status	Agency	Data Source	Periodicity
<b>Getting Started</b>	<b>Exclusive breastfeeding</b> at six months	6.8% in 2008	15% in 2014	Increase	20% by 2020	Better	Infant Feeding Surveillance at KFL&A Public Health		Annual
	Per cent of Kingston children <b>who are kindergarten-ready</b>	74.6% in 2006 74.2% in 2009	71.4% in 2011	Increase	100%	Worse	Limestone Advisory for Child Care Programs	EDI results	3 to 4 years. EDI results for 2015 available early 2016
	<b>Overweight/Obesity:</b> Ontario youth (ages 12-17).	20.3% in 2007/08	21% in 2011/12	Decrease	15% by 2020	Unchanged	KFL&A Public Health	StatsCan / CCCHS Note 5	Next round? 2013/14 data available for VS 2016
	<b>Unemployment Rate, total population</b> (Kingston CMA*) Note 1	6.7% in 2013	6.8% in 2014	Decrease	Full employment	Unchanged	City, CANSIM table # 282-0129		Annual
	<b>Unemployment Rate, Youth</b> , ages 15 –	18.6% in 2012	16% in 2014	Decrease		Better	City, CANSIM		Annual

	24, (Kingston CMA) Note 1						table # 282-0129		
	Number of <b>international immigrants</b> , City of Kingston	1991 – 2000 248 / year 2001 – 2011: 384 / year	2009 – 2014: 486 / year	Note 2	Note 2	Unchanged	KEDCO	Manifold SuperDemographics / StatsCan	
<b>Food Security</b>	<b>Food Sharing Project:</b> Number of individual students served in KFL&A schools.	9,946 in 2010	14,509 in 2015	Support every child who is hungry	Note 3	Better	Food Sharing Project		Annual
	<b>Number of meals served</b> (main meals and light meals) as per the <b>Point in Time</b> survey excluding the Food Sharing Project.	964 in 2013 1,185 in 2014	1,278 in 2015 Note 4	Decrease		Worse	Loving Spoonful		Annual
	The percentage of households that are <b>moderately/ severely food insecure in KFL&amp;A</b>	8.4% in 2007/08	8.3% in 2011/12	Decrease	6%	Unchanged	KFL&A Public Health	StatsCan / CCCHS	
	<b>Vegetable and fruit consumption</b> – Percent who did not meet Canada’s Food Guide recommendations: 1. Youth (ages 14-18) 2. Adults (ages 19+)	81.1% in 2007/08 82.3% in 2007/08	84.1% in 2011/12 82.5% in 2011/12	Decrease % not meeting CFG	79% by 2020 77% by 2020	Unchanged	KFL&A Public Health	StatsCan / CCCHS	Next round? 2013/14 data avail for VS 2016
<b>Community Engagement</b>	<b>Sense of community belonging</b> , KFL&A, youth and adults (12+)	68.9% in 2003	64.8% in 2014			Unchanged	CFC Context Statement	Statistics Canada, CANSIM Table 105-0501 based on the CCHS	Annual
	<b>Charitable donation (median)</b> , Kingston CMA	\$ 300 in 2008 \$ 300 in 2009	\$ 320 in 2013	Increase charitable		Unchanged	CFC Context Statement	Statistics Canada, Financial Data and	Annual

	\$ 310 in 2012		donations				Charitable Donations data collected by CRA, Table 111-000	
<b>Per cent voter turnout:</b>						Better	Elections Canada Elections Ontario City of Kingston	National results for Oct 2015 available for 2016
<ul style="list-style-type: none"> <li>• National – Kingston &amp; the Islands</li> <li>• Provincial – Kingston &amp; the Islands</li> <li>• Municipal – City of Kingston</li> </ul>	60.1% in 2008 45.0% in 2011 36.7% in 2010	63.4% in 2011 52.1% in 2014 39.5% in 2014	Increase voter turnout					
<b>Sedentary time (KFL&amp;A):</b> Youth (ages 12-17): “Screen Time” 15+ hours/week	65.5% in 2007/08	58.9% in 2011/12	Decrease % inactive	53% by 2020	Unchanged	KFL&A Public Health	StatsCan / CCCHS	Next round? 2013/14 data avail for VS 2016
<b>Physical Activity (KFL&amp;A) – Inactive:</b>					Unchanged	KFL&A Public Health	StatsCan / CCCHS	Next round? 2013/14 data avail for VS 2016
1. Ontario youth (ages 12-17)	28.8% in 2007/08	25.1% in 2011/12	Decrease	22% by 2020				
2. Adults (ages 18+)	47.5% in 2007/08	39.6% in 2011/12		35% by 2020				
<b>Active Transportation (KFL&amp;A) –</b> walked or cycled to and from school or work): youth and adults, (12+)	30.9% in 2007/08	24.9% in 2011/12	Increase	30% by 2020	Unchanged	KFL&A Public Health	StatsCan / CCCHS	Next round? 2013/14 data avail for VS 2016

Notes:

1. Kingston CMA: The Kingston Census Metropolitan Area is composed of:
  - a. The City of Kingston;
  - b. Loyalist Township;
  - c. South Frontenac Township; and
  - d. Frontenac Islands Township.

Further information on the Kingston CMA is provided by Statistics Canada at:

[www12.statcan.gc.ca/census-recensement/2011/as-sa/fogs-spg/Facts-cma-eng.cfm?LANG=Eng&GK=CMA&GC=521](http://www12.statcan.gc.ca/census-recensement/2011/as-sa/fogs-spg/Facts-cma-eng.cfm?LANG=Eng&GK=CMA&GC=521)

2. Goal and Target for immigration is awaiting the City of Kingston establishing an immigration strategy.

Further information on Kingston's needs for in-migration and progress towards developing a strategy is provided in the following article from the Whig Standard newspaper dated September 18, 2015:

[www.thewhig.com/2015/09/18/city-may-face-skilled-labour-shortage](http://www.thewhig.com/2015/09/18/city-may-face-skilled-labour-shortage)

CFKA's Vital Signs 2013 team provided a relevant article as published in the Whig Standard at:

[www.thewhig.com/2013/10/01/kingston-needs-more-people](http://www.thewhig.com/2013/10/01/kingston-needs-more-people)

3. The Food Sharing Project is growing given the Ontario government's increased funding and the mandate to serve all students without questioning their actual needs (and thereby prevent any risk of stigmatization).
4. This was inadvertently reported as "1,185 in 2015" in a version of Vital Signs printed for local distribution. The correct measure is "1,278 in 2015" as provided in the version of Vital Signs printed and distributed within the Whig Standard newspaper on October 6, 2015.
5. Statistics Canada / Canadian Community Health Survey (CCHS): These CCHS data are collected on an annual basis. KFL&A Public Health analyzes these data every two years in order to have a respectable denominator. Data are usually received in the Fall of the year following data collection. Therefore, data for years 2013 and 2014 will be received in the Fall of 2015.

Further information on the CCHS is provided by Statistics Canada at:

[www.statcan.gc.ca/eng/survey/household/3226](http://www.statcan.gc.ca/eng/survey/household/3226)